

SIZE (cm)

Size	Waist (flat)	Waist after stretch (stretch max 20cm)	Hip	Length
S	74.5	75-89 <i>recommend fit</i>	104	106
M	78.0	86-94 <i>recommend fit</i>	108	108
L	81.5	90-98 <i>recommend fit</i>	113	110
XL	85.0	95-103 <i>recommend fit</i>	118	112
XXL	88.5	99-108 <i>recommend fit</i>	123	114

SIZE (inch)

Size	Waist (flat)	Waist after stretch (stretch max 8")	Hip	Length
S	29.5"	29.0"-35.0" <i>recommend fit</i>	41.0"	41.5"
M	30.5"	34.0"-37.0" <i>recommend fit</i>	42.5"	42.5"
L	32.0"	35.5"-38.5" <i>recommend fit</i>	44.5"	43.5"
XL	33.5"	37.5"-40.5" <i>recommend fit</i>	46.5"	44.0"
XXL	35.0"	39.0"-42.5" <i>recommend fit</i>	48.5"	45.0"

* Please allow 1-2cm measurement difference.

