

Product Type	Skittles
Skittles	Here are the specifications for Skittles Original and other variants: 1. Skittles Original Specifications <i>Ingredients (Skittles Original)</i> The ingredients for Skittles Original typically include: • Sugar • Glucose Syrup • Hydrogenated Palm Kernel Oil • Citric Acid • Natural and Artificial Flavors • Fruit Juices (from concentrate for color/flavor) • Colors: These can include various artificial colorings such as: ○ Red 40 (Allura Red AC) ○ Yellow 5 (Tartrazine) ○ Yellow 6 (Sunset Yellow) ○ Blue 1 (Brilliant Blue) ○ Green 3 (Fast Green FCF) • Modified Corn Starch • Confectioner's Glaze (for coating) • Sodium Citrate (citric acid salt) • Artificial and Natural Colors <i>Note: Ingredients can vary depending on the market and country (due to regional regulations on food additives).</i> <i>Nutritional Information (per 100g)</i> For Skittles Original (per 100g): • Calories: Approximately 400-420 kcal • Fat: 7g ○ Saturated Fat: 7g (from palm kernel oil) • Carbohydrates: 85g ○ Sugars: 79g • Protein: 0g • Fiber: 0g

- **Salt:** 0.01g

For a typical **Skittles pack (around 45g):**

- **Calories:** Approximately **180 kcal**
- **Fat:** 3g
- **Carbohydrates:** 38g
 - **Sugars:** 35g
- **Protein:** 0g
- **Salt:** 0g