

picture	technical parameter	
	Basic parameters	Product number
		F22R
		App operating
		IOS9.0 or above, Android4.4 or above
		The main function
		Call, voice assistant, heart rate monitoring, blood pressure, blood oxygen, step counting, distance, body temperature, blood sugar, calories, sleep monitoring, stopwatch, countdown, call reminder (caller number/name), calculator, message reminder, alarm clock reminder, sedentary reminder, Female menstrual period function reminder, remote control to take pictures, lift wrist to brighten the screen, etc.
		sport mode
		Outdoor Running, Outdoor Walking, Indoor Running, Indoor Walking, Hiking, Stepper, Outdoor Cycling, Indoor Cycling, Elliptical, Rowing, Yoga, Hiit, Free Activity, Fitness, Rope Skipping, Fitness Games, Rock Climbing, Athletics, Ball Classes, Dance, Baseball, Baseball, Bowling, Trampoline, Curling, Ice Hockey, Horizontal Bar, Mountaineering, Sailing, Push-ups, Rugby, Golf, Skating, Skiing, Aerobics, Keyball, Basketball, Marathon, Volleyball, Table Tennis, hockey, rowing, handball, parallel bars, billiards, gymnastics, track and field, sled, dumbbells, badminton, floor exercise, football
		Audio amplifier chip
		AC6956C
		Gsensor sensor
		KXTJ3-1057
		master
		GR5515ONDA_QFN56+256KBRAM
		heart rate sensor
		EM7128
		Vibration reminder
		Motor vibration reminder
		waterproof level
		IP67
		APP support language
		Chinese, Traditional Chinese, Japanese, English, German, French, Italian, Spanish, Portuguese (Portugal), Portuguese (Brazil), Russian, Korean, Ukrainian, Hungarian, Turkish, Indonesian, Romanian, Polish English, Czech, Slovak, Croatian, Lithuanian, Greek, other languages automatically translated according to the mobile phone
		watch language
		Chinese, Traditional Chinese, Japanese, English, German, French, Italian, Spanish, Portuguese (Portugal), Portuguese (Brazil), Russian, Korean, Ukrainian, Hungarian, Turkish, Indonesian, Romanian, Polish English, Czech, Slovak, Croatian, Lithuanian, Greek
	display	size
		1.32" 360x360
		type
		IPS Round LCD
	Connection method	Bluetooth
		Bluetooth 5.1+Bluetooth 3.0
	Other parameters	strap material
		Silicone strap
		size
		Main unit: 46.5*53.45mm, thickness: 10.4 (excluding heart rate) 11.4 (including heart rate) whole machine: 257.2*46.5 (strap flattened)
		weight
		Machine head: 26g Whole machine: 40g
		color
		black, champagne gold
		other
		Operation: full touch
		Battery
		Rd
		APP
		H BAND
		battery capacity
		300mAh/3.8V
		Standby time
		Call use 3-5 days, watch use 7 days, standby 15 days
		charging method
		Magnetic charging cable
		charging time
		about 2 hours